



Jackie Kelm

“The Joy Engineer”

Appreciative Living, LLC

<https://AppreciativeLiving.com>

Jackie Kelm is the “Joy Engineer” and founder of Appreciative Living, where she has helped thousands of people become happier and more engaged in work and life through coaching, consulting, leadership development and other offerings. She is the author of two books on Appreciative Living, and her work has been embraced by organizations such as Keurig-Green Mountain Coffee, Pepperdine University, and the National Multiple Sclerosis Society.

Jackie holds three coaching certifications and offers programs and training based on the Appreciative Mindset and her transformational Appreciative Living frameworks. Her most recent development is Habit Breaker™, a step-by-step methodology she has used to help others stop bingeing, overeating, vaping, procrastinating, excessive screen use, worry and much more.

Jackie has been published in several magazines and books and been a guest on a variety of radio and online shows. She is often described as bright, engaging, and “down-to-earth.”

Ms. Kelm holds a BS in Mechanical Engineering and a MBA from Case Western Reserve University. She has two children with her husband Jon and enjoys dancing, painting, and going to the beach.